

Mango Salsa

Ingredients

1 Ripe Mango

1 Red Onion

1 Avocado

1 Red Capsicum

Juice of 2 Lemons

Handful of Mint Leaves



Method

Finely chop the Mango, Red Onion, Capsicum and Avocado.

Squeeze the juice of two lemons (or limes) over the salsa.

Finely chop the mint and mix through.

Enjoy!

This goes beautifully with Chilli and Quinoa – or with a Curry and Rice.....and it's even a pretty delicious snack all on its own.



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